

**Directions:** Choose the letter of the correct answer.

1. Proteins are made up of which of the following building blocks?
  - a. Amino Acids
  - b. Cholesterol
  - c. Monosaccharides
  - d. Nucleotides
  
2. This is the most abundant element found in cells.
  - a. Nitrogen
  - b. Oxygen
  - c. Carbon
  - d. Hydrogen
  
3. A beta-pleated sheet is what level of protein structure?
  - a. Primary
  - b. Secondary
  - c. Tertiary
  - d. Quaternary
  
4. The nucleotide thymine bonds to another nucleotide, which is?
  - a. Cytosine
  - b. Adenine
  - c. Guanine
  - d. Uracil
  
5. Excess energy in the human body is deposited to which structures?
  - a. Polysaccharides
  - b. Fatty Acids
  - c. Adipose Tissues
  - d. Chromosomes